Table 1. Demographic and Clinical Characteristics of the Participants at Baseline.*

Characteristic	Semaglutide (N=1306)	Placebo (N=655)
Age — yr	46±13	47±12
Female sex — no. (%)	955 (73.1)	498 (76.0)
Race or ethnic group — no. (%)†		
White	973 (74.5)	499 (76.2)
Asian	181 (13.9)	80 (12.2)
Black or African American	72 (5.5)	39 (6.0)
Other	80 (6.1)	37 (5.6)
Hispanic or Latino ethnic group — no. (%)†	150 (11.5)	86 (13.1)
Body weight — kg	105.4±22.1	105.2±21.5
Body-mass index‡		
Mean	37.8±6.7	38.0±6.5
Distribution — no. (%)		
<30	81 (6.2)	36 (5.5)
≥30 to <35	436 (33.4)	207 (31.6)
≥35 to <40	406 (31.1)	208 (31.8)
≥40	383 (29.3)	204 (31.1)
Waist circumference — cm	114.6±14.8	114.8±14.4
Glycated hemoglobin — %	5.7±0.3	5.7±0.3
Prediabetes — no. (%)§	593 (45.4)	263 (40.2)
Blood pressure — mm Hg		
Systolic	126±14	127±14
Diastolic	80±10	80±10
Pulse — beats/min	72±10	72±10
Lipid levels — geometric mean mg/dl (coefficient of variation)¶		
Total cholesterol	189.6 (20.5)	192.1 (19.4)
HDL cholesterol	49.4 (25.6)	49.5 (25.0)
LDL cholesterol	110.3 (31.6)	112.5 (29.8)
VLDL cholesterol	24.5 (45.8)	24.9 (46.5)
Free fatty acids	12.3 (57.9)	12.7 (53.8)
Triglycerides	126.2 (47.4)	127.9 (49.0)
Estimated glomerular filtration rate — geometric mean ml/min/1.73 m^2 (coefficient of variation)‖	96.3 (18.7)	95.9 (18.3)
Coexisting conditions at the time of screening**		
Dyslipidemia — no. (%)	499 (38.2)	226 (34.5)
Hypertension — no. (%)	472 (36.1)	234 (35.7)
Knee osteoarthritis — no. (%)	173 (13.2)	102 (15.6)
Obstructive sleep apnea — no. (%)	159 (12.2)	71 (10.8)
Asthma or chronic obstructive pulmonary disease — no. (%)	147 (11.3)	80 (12.2)
Nonalcoholic fatty liver disease — no. (%)	101 (7.7)	62 (9.5)
Polycystic ovarian syndrome — no./total no. (%)††	62/955 (6.5)	34/498 (6.8)
Coronary artery disease — no. (%)	32 (2.5)	17 (2.6)